

February 2019

Clemmons Village I

6401 Holder Road, Clemmons, NC 27012 * Phone 336-766-2990 * Fax 336-766-2138



Celebrating February

American Heart Month!
National Bird Feeding Month

**Bubble Gum & National
Wear Red Day**
February 1

Groundhog Day
February 2

Trip to Walmart
February 6

**Lunch Bunch @ Pete's
Restaurant & Goodwill**
February 7

Valentine's Day
February 14

Treble Makers Day
February 19

At the Movies- Day
February 26

Leaping Into A Freezing February
Flakes abound leaving snow on the ground;
it's just fine with us, just take a look around.



We are staying focused on spiritual, intellectual, and physical programs to keep us in a healthy balance. We have filled our days with jewelry making, whip it up cooking class, exercise, word games, and musical socials. Together we



find sweet fellowship in engaging activities which keep us moving and engaged in fun. Speaking of fun, be encouraged to wear "Red" on February 1st and keep moving this month in recognition of American Heart Month. Mark your calendars for a trip to Walmart, a mystery outing, the Treble Makers and the



5th annual bubble gum blowing contest. We are also looking forward to a tasty lunch bunch outing at Pete's restaurant. While we are out, stopping in for a little shopping at Goodwill too. Don't miss a minute of fun during February as we focus on our wonderful friendships, enhance our muscle tone, and sing sweet tunes as our year leaps on. May you take the time to share in a random act of kindness and may Phil bring us warmer weather soon.

Enjoy What You Do, Carolyn Flynn. LED

Clemmons Village I Staff

Executive DirectorJayme Shatley
Business Office Manager.....Kelly Scott
Life Enrichment Director. Carolyn Flynn
Maintenance Manager.....Ramon Munoz
Dietary Manager.....Paula Radford
Campus Nurse.....Karen Boyles
Resident Care Director.....Tina Wilson



Resident Birthdays

Judy Rhyne.....2/19

Staff Birthdays

Evelyn Taylor.....2/1
Anthony Whitley.....2/13
Blanca Abad-Munoz.....2/25
Fior Berroa.....2/26
Miriam Prestol.....2/27
Marie Davis.....2/27

February Birthdays

In astrology, those born between February 1–19 are Water Bearers of Aquarius. Water Bearers are deep-thinking intellectuals, unafraid of exploring outlandish ideas. Their strong sense of community makes them good friends and valuable team members. Those born from February 19–28 are the slippery Fish of Pisces. Selfless Pisces are very wise and empathetic, making them always willing to help others. These deep emotions also make Pisces talented artists and good friends

Resident of the Month

Nola Brooks



Nola was raised in the mountains of Blowing Rock, North Carolina. She moved here with her mother when she was 12 years old. After graduating from RJ Reynolds High School she married Harold Brooks. She is the proud mother of 2 daughters and has one grandson. While her girls were young she stayed at home to raise them but when they were old enough she went to work and ultimately retired from Department of Social Services. She always loved being able to help others and truly found joy in her career. Nola enjoys being outside, gardening, and LOVES cats. Nola loves cats and has had them in her household for many years.

Congratulations

Employee of the Month

Monica Purcell



Originally from Dunn, NC Monica currently lives in Winston-Salem, NC. She joined the Clemmons Village team 6 months ago and has been a delight to all. Her cute smile and friendly personality is very uplifting.

She takes pride in her work and has future goals to continue in the healthcare field to obtain a registered nurse status. In her free time Monica enjoys helping people, spending time with family and friends. Her favorite color is burgundy and has a heart for fried chicken. Thank you Monica for such good work ethics and sharing your smile with us.

Reminiscing Corner

Whipping up... pumpkin bread in cooking class



A Clemmons Village I's New Year's Resolution.



Deputy Ryan Mabe of the Lewisville Sheriff's Department was the first of many love drops Clemmons Village I will make this year. Pictured at the left Mildred Painter

and Judy Rhyme represent the hearts of our residents as we give back to our community.

*Welcome
New Resident Care Director*



Tina Wilson



Tina joins the Clemmons Village team with open arms as she brings 22 years of experience in the medical field. She is passionate about resident care and making sure they get the BEST care possible. Tina loves to take care of people but her true passion is for the elderly. She loves talking with them because she learns a lot about their past which helps her provide better care. It's amazing when you can relate,

listen and understand the experiences of the life of others and their stories and the quality of care that comes from caring. Tina has 4 sisters, 2 brothers, one daughter and a granddaughter. Her favorite color is red. She listens to all types of country music old and new. A true country girl at heart. When she's not at work you can find her relaxing in flannel shirts, wrangler jeans, cowboy boots and her cowgirl hat. Hunting, riding horses, fishing, mudding, rock climbing, and cooking too, but only with the love of her life. Taking picnics by the lake, enjoying a good movie, going out to eat, relaxing watching TV, and spending time with her family and love of her life who she has known for 22 years. Her favorite meal has to be her BOYFRIENDS spaghetti. Her favorite place to visit is the mountains. When she gets to the retirement age, her heart is set on the mountains of Tennessee, could you imagine why?

Welcome New Residents



Thomas Saunders "Shorty"

was born Sept. 13, 1931 in what became a large family of 9 children in the farming country of North Carolina. As tenant farmers, his family moved a lot, but most of his growing years were in the East Bend, Yadkin County area. While a young boy, the family was walking home from visiting family one day when a sibling said, "Come on short legs, hurry up." "Short legs" quickly became "Shorty" even though he grew to be the tallest of his family. Shorty always wanted to be outside more than confined in school. He was a hard worker, even at a young age. As a young man, he traveled to Canada and worked tobacco one season. He said he made more in a few months than in the full year prior. Part of his Canada earnings went to an engagement ring for Betty Slater whom later became the mother of their two children, Ed and Debi. He served in the Marines and saw action in Korea. Shorty, Betty and Ed lived in Winston-Salem where Debi also came along after his military discharge. November 1965, Shorty moved his wife and two kids to Arizona where he lived for over 45 years. His best working years started when he bought a used truck set up to tow mobile homes. He loved "moving houses" across 7 western States so much he stayed "on the road" driving "flag cars" for wide loads after he "retired." "Never, say, never." Shorty, now widowed, moved back to North Carolina about 7 years ago even though he previously said he never would live in NC again. He loved AZ. He lived in Boonville with his widowed daughter before residing at Clemmons Village I.



Carol Goley is from Haleyville, Alabama. She married Larry Jackson Goley and moved all over the world while he was in the Air Force for 20 years. She lived in England, Greece, Germany, Arkansas, Mississippi, Michigan, South Dakota and North Carolina. She also has 5 kids who lived all over the world with

her: Tim Goley, Scott Goley, Robin Goley Pugh, Brett Goley and Matt Goley. She has 7 Grandchildren and 3 great grandchildren. She has one sister who still lives in Alabama. My mom and her sister are big Alabama Roll Tide fans. Back in the 1970's while living in England she won the United States Air Force Service Award on Chicksands Air Force Base for all the volunteer work she did for the families on the base. She worked for Children's Home Society in Greensboro and Wilmington. She has sewn all her life and has made hundreds of Quilts over the years and has given most of them to other people. Her room is decorated with a few of the quilts and quilt toppers. She also loves music and loves to dance.

Clemmons Village I AL
6401 Holder Road
Clemmons, NC 27012

Postage
Information



@Clemmons Village



@Clemmons1PSL

www.osbornvisual.com

www.premierseniorliving.com



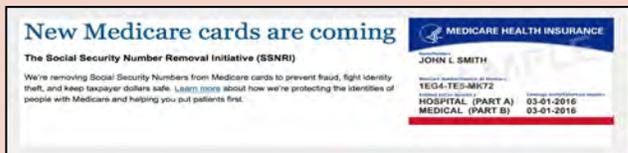
Save \$500 on Your Monthly Rent!

Thank you for being our loyal customer. Here's how it works.....

Just send us a referral and if that referral moves in for at least 30 days, you will receive \$500 off on your next month's rent!

Send us two and get \$1000 off, three and get \$1500 off, and so on. It's that simple. Please let Jayme Shatley, ED know the name and information of your referral So, they can get in touch with them, or you can just bring them in for a tour. We'll even provide lunch or dinner for them if we know in advance they are coming. This program is for private pay residents who currently pay the regular monthly room and board rates only.

Clemmons Village I-6401 Holder Rd.-336-766-2990



In order to ensure uninterrupted services on behalf of your family member, please bring new Medicare card by for us to copy, or mail, both front and back copy of card for our required records. Thank You, Karen Boyles, RN

Medical Appointments:



Transportation for outside medical appointment is available with a two week notice and only on Tuesdays and Thursdays, 9am-2:30 pm. Please contact Tina Wilson to coordinate these appointments. 336-766-2990 or

twilson@clemmonsvillage.com



As a reminder, it is the responsibly of POA and family members to provide toiletries and personal items. Please label all personal items including clothes, shoes and bathing items.

Carolyn's Wish List

- Bird feeders or houses
- Hair brushes