

The Gardens of Statesville  
2147 Davie Ave  
Statesville, NC 28625

Postage  
Information

FEBRUARY 2018

# The Garden Post

The Gardens of Statesville \*2147 Davie Ave. Statesville, N.C. 28625\* 704-878-0123\* Fax704-878-8689



## Celebrating February Library Lovers Month


### Bird-Feeding Month

### Groundhog Day February 2


### Weatherman's Day February 5

### XXIII Winter Olympics February 9–25

Follow us on Social Media:

 Gardens of Statesville &  
Cardinal Village

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Also on

[www.osbornvision.com/Gardens-Statesville](http://www.osbornvision.com/Gardens-Statesville)

#### **Resident Referral Bonus**

Refer a friend, they move in and stay more than 30 days...you could get \$750 off your next months' rent. See Mechelle or Jason for more information.

Visit our website:

[www.premierseniorliving.com/statesville](http://www.premierseniorliving.com/statesville)

## Let us introduce your new Activity Director, Holly!

Hi. My name is Holly Brown. I am from Statesville, North Carolina and have eight years of experience as an activity director. I thoroughly enjoy what I do. It allows me to be creative, provide fun, and a purpose for our residents.

This month has been very enjoyable! We have enjoyed outings to locations such as Kentucky Fried Chicken, Shopping at Dollar General, and Lunch at McDonald's. Inside the community, we enjoyed Smoothies with Patty, Music with Randy, and baking our Apple Fritter.

I look forward to providing a lot more exciting activities as the months go along.

## January Employee of the Month is....

Congratulations to  
Michelle Collins!



She has been with the Gardens since September 13, 2017, as a Lead Med Tech and Resident Assistant.

Michelle is always willing to lend a helping hand wherever needed. She is very patient and knowledgeable of our residents.

She assisted through bad weather by filling in where ever she was needed.

Keep up the good work Michelle and thank you for all you do!

## February Birthdays!

In astrology, those born between February 1–18 are Water Bearers of Aquarius. They are creative and intellectual philosophers at heart, getting to the root of problems and using their energy and passion for the benefit of others. Those born between February 19–28 are born under Pisces. Friendly and selfless, they are always willing to help others with their hearts on their sleeves. Thanks to an intuitive understanding of life, Pisces make deep connections with other living beings.

### Famous Birthdays

Norman Rockwell (painter) – February 3, 1894  
Hank Aaron (ballplayer) – February 5, 1934  
Thomas Edison (inventor) – February 11, 1847  
Michael Jordan (athlete) – February 17, 1963  
Sidney Poitier (actor) – February 20, 1924

### Resident Birthdays

Brenda Shaw February 26<sup>th</sup>  
Nancy Southers February 11<sup>th</sup>

### Staff Birthdays

Kayla Bass February 24<sup>th</sup>  
Reeka Morrison February 7<sup>th</sup>  
JJ Jordan February 4<sup>th</sup>  
Deborah Marlowe February 19<sup>th</sup>



*Life should not only be lived, it should be celebrated.* -

- Osha  
Hollv

## Walk Amongst the Stars



On February 8, 1960, Hollywood, California, revealed an innovative new marketing technique designed to memorialize the glitz and glamour of Hollywood: the Walk of Fame.

E.M. Stuart of Hollywood's Chamber of Commerce pitched the idea for a star-studded walk in 1953. By 1956, the coral-and-charcoal-colored star design was approved, and two years later, in 1958, committees representing motion pictures, television, music, and radio had chosen 1,558 names to honor. Construction began in earnest in 1958, but two lawsuits delayed the project for two years.

In truth, eight temporary stars were laid at the corner of Hollywood Boulevard and Highland Avenue throughout the legal battles as a way to market the venture and demonstrate to the public how the Walk of Fame would look. These eight names were picked at random from the group of 1,558 and included: Joanne Woodward, Olive Borden, Ronald Colman, Louise Fazenda, Preston Foster, Burt Lancaster, Edward Sedgwick, and Ernest Torrence. The first permanent star wasn't affixed until March of 1960 after the legal disputes had been settled. It honored director Stanley Kramer. The remaining 1,557 were laid soon after.

Hollywood Boulevard suffered decline throughout the '60s, and another star, this one for producer Richard Zanuck, wasn't laid until 1968. Stars have been added continuously since, and today there are more than 2,600. Getting a star isn't easy... or cheap. Extensive applications must be filed on behalf of nominees, and nominators must pay a \$40,000 construction and maintenance fee per star. Put that way, it costs a small fortune to maintain all of Gene Autry's five stars (one for each category, plus one for the additional category of theater and live performance, added in 1984). For some, a star is a dubious honor. Both Julia Roberts and Clint Eastwood have respectfully declined their nominations. But this

## Welcome New Neighbors...

Dr. Charles Parkin, Rm 223

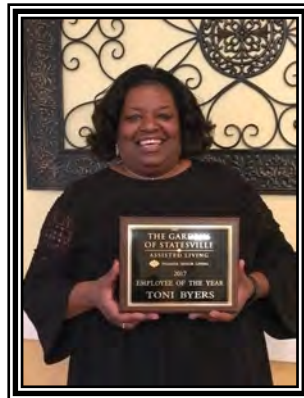
Anna Rhyne, Rm 214

Mary Benfield, Rm 224

Janice Waters, Rm 224

Elaine Feimster, Rm 305

**If you haven't already, please stop by and introduce yourself!**



### Employee of the Year

Toni Byers was selected as the employee of the year for 2017.

Toni has been with The Gardens for twenty years and is truly an asset to this

company! She truly exudes compassion for our residents by assisting with all shifts, transporting, and assisting with activities.

Her current role within the company is Resident Care Coordinator.

When Toni is away from the Gardens she enjoys spending time with her family.

Thank you for all you do here at the Gardens!



## February's Feathered Friends



February is Bird-Feeding Month. During the cold, harsh winter, it is especially difficult for wild birds to find food, so everyone is encouraged to provide food, water, and shelter to help birds survive, and

birds do need our help. One-third of the North American overwintering bird population has declined since 1966. And one-third of all North American bird species are at risk of extinction, with birds in arid, grassland, and coastal climates at greatest risk. A little bit of winter seed to augment their daily catch of insects could be enough to get them to springtime nesting season.

Citizen science—the practice of regular citizens aiding scientists in their research—is an important part of ornithology. The more people who participate, the more data is gathered, and the more accurate a picture of bird health. Citizen science birding projects are not limited to February. From November through April, birders can participate in Project FeederWatch. Every fall, people gather in the mountains and hills to count migrating hawks and raptors. Journey North is an annual count of migrating hummingbirds during the spring. So grab your binoculars and field guide and get counting!



Join us Sunday in the 200 hall living room as we watch Philadelphia Eagles vs. New England Patriots

## The Gardens & Cardinal Village Management Team

Mechelle Kanipe, Executive Director  
mkanipe@gardensofstatesville.com

Jason Hart, HR/Marketing Asst.  
jhart@gardensofstatesville.com

Lisa Stewart, RN, Resident Care Director  
lstewart@gardensofstatesville.com

Toni Byers, Resident Care Coordinator  
tbyers@gardensofstatesville.com

Patty Stiller, Food Service Director  
pstiller@gardensofstatesville.com

Jason Minton, Maintenance Director  
jminton@gardensofstatesville.com

Holly Brown, Activity Director  
hbrown@gardensofstatesville.com

Contact us at 704-878-0123, in person, or by email

## Making Hearts Whole



February is Mend-a-Broken-Heart Month, and scientists are quick to argue that hearts can really be broken as a result of extreme grief or social rejection. Brain studies show a direct connection

between emotions and physical health. But the good news is that both can be mended. Heartbreak is often the result of feelings of loss after a breakup. Psychologists explain that spending time with a romantic partner causes your identities to become intertwined. Losing or being rejected by that partner, therefore, leads to feelings of confusion due to a loss of your sense of self. The best way to mend your heart is to become yourself again: exercise, try new hobbies, socialize with other people. All of these things will challenge you to rediscover your joys and fall in love with yourself all over again in the process.