

The Gardens of Statesville & Cardinal Village  
2147 Davie Ave  
Statesville, NC 28625



### Breaking Baseball's Color Line



Each year, Major League Baseball honors Jackie Robinson by celebrating April 15 as Jackie Robinson Day. Back in 1947, April 15 was opening day, and young

Jackie Robinson made his debut for the Brooklyn Dodgers. Robinson went an unmemorable 0–3, only reaching base on a throwing error, yet he made history as the first African American to play in the big leagues. His debut ended 80 years of segregation in the game. Less than 10 years later, the percentage of black players on Major League teams matched or exceeded that of the general population. Robinson was not only a Hall-of-Fame player but an American cultural hero. Each year on April 15, players don Robinson's universally retired number 42 to honor the courageous man who broke baseball's "color line."

### April Birthdays

In astrology, those born April 1–19 are **Rams of Aries**. Like rams, Aries charge forward with courage, confidence, and enthusiasm. They embrace action, take risks, and will fight for their goals. Those born April 20–30 are **Bulls of Taurus**. Bulls are stable, reliable, patient, and determined. They will work hard and finish the job no matter what gets in their way, but they expect to be rewarded!

- Cardinal Village**
- Beulah Mack 4/2**
- Assisted Living**
- Sarah Kumpe 4/13**
- Cecile Howard 4/18**
- Rachel Edwards 4/24**
- Dare Joines 4/24**
- Betty Kilfoil 4/27**
- Faydean Massey 4/28**

April 2019

# The Garden Post

The Gardens of Statesville \* 2147 Davie Ave \* 704-878-0123 \* 704-878-8689



### Celebrating April

Global Astronomy Month

Poetry Month

Jazz Appreciation Month

Golden Rule Week  
April 1–7

Barbershop Quartet Day  
April 11

Gardens of Statesville & Cardinal Village  
 @Premier\_GOS  
 gardens\_of\_statesville

Also on

[www.osbornvision.com/Gardens-Statesville](http://www.osbornvision.com/Gardens-Statesville)

**Resident Referral Bonus**  
Refer a friend, they move in and stay more than 30 days...you could get \$750 off your next months' rent. See Mechelle or Cyndi for more information.

Visit our website:  
[www.premierseniorliving.com/statesville](http://www.premierseniorliving.com/statesville)

### Holly's Corner



In the month of March, we traveled to New York, New Jersey, and Pennsylvania. (Including a short layover in Ireland to celebrate St. Patty's Day!)



Pennsylvania was a lot of fun because we have several staff and residents from that area. It was nice to hear their stories from when they lived there.

As we move into April, we will be traveling to Maryland, Virginia, West Virginia, and Ohio. We have Arm Chair Travels every Monday, where we discuss interesting facts about each state, along with pictures so they can get idea of what we are talking about.



I am excited, and I am sure I am not alone, that spring has arrived! Over the next couple of weeks we will start planting in the courtyard. I hope you will join us!

~Holly

## Wet Monday

The Irish have St. Patrick's Day. Mexicans have Cinco de Mayo. Even the Italians have Columbus Day. For those of Polish descent, there is Dyngus Day, always celebrated the Monday after Easter.



Dyngus Day is a celebration tied to the end of the Lenten season, but like many modern religious holidays, it has pagan origins. Just as Easter is filled with symbolism of rebirth, so, too, is Dyngus Day. In fact,

one of the major rituals of Dyngus Day is for boys to splash water on girls. Nowadays, this is most often achieved with squirt guns, but in the past, this was done with buckets of water. For this reason, Dyngus Day is also known as Wet Monday or even Water Plunge Monday.

There are two explanations behind this wet tradition. The first harkens back many centuries to the pagan ritual of watering the Corn Mother, which was a doll woven of corn and was meant to be an icon of the goddess of fertility. Watering the Corn Mother every spring ensured a bountiful growing season. The second explanation is also a story of rebirth but not of crops. The ritual splashing of water began with the baptism of Prince Mieszko I on Easter Monday in the year 966 AD. The baptism of the prince signified the acceptance of Catholicism as the national religion of Poland. In these two ways, Dyngus Day is both a celebration of Catholicism and an homage to pagan fertility rituals. During a Dyngus Day celebration, boys often only drench those girls that they are sweet on. In many ways, Dyngus Day is a flirting festival, where young men publicly identify the women they would like to court. Young women, too, have their say. They could prevent a soaking by offering painted eggs to boys. These eggs, called *pysanky*, are magical charms said to ensure a good harvest and a large, happy family. Also, on the Tuesday following Easter Monday, women have their chance to soak the boys, or, as an alternative to water, they may throw dishes or crockery. On Dyngus Day, love is in—and sailing through—the air.

## Tips for Wellbeing from Lisa Stewart, RN, RCD:



**Just Remember, flu season extends through April, continue to use all precautions possible; especially good Handwashing!**



**It's time to clean out your closets! Please donate items for our community**

**yard sale on Friday, April 26<sup>th</sup>. All proceeds go toward our goal of \$2,500 for the Alzheimer's Association Memory Walk in October.**

**Thank you to everyone that supported our Paparazzi Jewelry fundraiser! Results to be announced soon.**



**Wanna know how you can WIN a \$100 Visa Gift Card?**



**BUY a \$5 RAFFLE TICKET!**

**Drawing to be held Friday, April 5<sup>th</sup>**

See Holly, Mechelle or Cyndi to purchase



**FAMILY NIGHT HIGHLIGHTS...**

## Congratulations!

Tammy Keaton... our March Employee of the month!



Tammy has been a great addition since joining our team in January! In her spare time, she enjoys working with children, doing crafts and making other people happy.

Thank you for the joy and happiness you bring to the Gardens!



## Maintenance Corner with Jason

We are still coordinating with contractors to complete the repairs in the bath rooms. We will continue to update you as we know when the work will resume. We have a new addition in my department; please welcome Myles to our family. Also, continue to submit repair request to me as he becomes familiar with our community.

## IN THE KITCHEN WITH PATTY...

New Spring & Summer Menu arriving soon!

