

The Gardens of Statesville
2147 Davie Ave
Statesville, N.C. 28625

Postage
Information

AUGUST 2018

The Garden Post

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August Birthdays

In astrology, those born between August 1–22 are Lions of Leo. Leos are natural-born leaders: confident, charismatic, creative, and warmhearted. Leos also use their humor and loyalty to bring people together to work for a common cause. Those born between August 23–31 are Virgo Virgins. Virgos are one of the most careful signs of the zodiac. They pay attention to detail, analyze problems, and plan so as to leave nothing to chance. These amazing listeners give excellent advice.

Staff

Toni Byers 8/2
Rachel Kelley 8/8
Emily Miller 8/15
Stacey Miller 8/17

Residents

Anna Rhyne 8/8
Dot Shook 8/18



Celebrating August Watermelon Day

August 3

Farmers' Market Week

August 5–11

Senior Citizens Day

August 21

Follow us on Social Media:

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Cardinal Village
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Also on

www.osbornvision.com/Gardens-Statesville

Resident Referral Bonus
Refer a friend, they move in and stay more than 30 days...you could get \$750 off your next months' rent. See Mechelle or Cyndi for more information.

Visit our website:

www.premierseniorliving.com/statesville

Holly's Corner



In the month of July, we celebrated rock-n-roll music. We enjoyed listening to the music of different artist throughout the month. We Celebrated July 4th with a bang! We had pulled pork for lunch and music and watermelon in the afternoon. We also enjoyed starting a pen pal program with Power Cross Ministries.

In the month of August, we will be celebrating Reggae music. The 6th of the month we will celebrate Lucille Ball's birthday by watching I Love Lucy and eating Popcorn. Julia Child's birthday is on the 15th and we will attempt to prepare some of her recipes. Jamaican Independence Day falls on the 6th so all throughout the month we will be experimenting with recipes and learning about the cuisine.

I would also like to say thank you to the staff and all the wonderful volunteers for helping me make my program a successful one!

Share your smile with the world. It's a symbol of friendship and Peace.

-Christie Brinkley

Clowning Around



Thanks to the Clown Club of America, August 1–7 has been celebrated as International Clown Week since 1970, but the history of clowns goes back, in one form or another, to the beginnings of human civilization. The Egyptian

pharaohs were entertained by Pygmy clowns as early as 2500 BC. In ancient China, the emperor's court jester used humor to prevent the emperor from forcing thousands of slaves to paint the Great Wall of China white. Ancient Rome had a fool character called a *stupidus*, and jesters were known to attend funerals. Medieval court jesters were the only people allowed to criticize the king. Even the Hopi tribe of the American Southwest employed mischievous clownlike characters to interrupt the most solemn rituals in an attempt to create sympathetic magic. America's precious Uncle Sam, with his star-spangled top hat and suit, long beard, and big feet, originated as a clown campaigning for presidential hopeful Zachary Taylor in 1848. Despite the clown's aura of good-natured fun, the modern clown has always been tinged with a hint of darkness.

Modern clowns are universally recognized by their painted white faces, red noses, and silly clothes. Most historians credit the invention of the modern clown to the British pantomime star known as Grimaldi at the turn of the 19th century. He created an alter ego named Joey who dressed in red and white and entertained people at night, but throughout the day his life was tragic. He was lonely, his wife had died, his son suffered from alcoholism, and his physical antics left him in pain. From Joey came both the comedic and tragic clowns. The clown figure has always embodied two sides of the same coin—joy and sadness. And sometimes, as is the case of Mr. Punch from the old Italian Punch and Judy shows, clowns may even have a savage side. Perhaps what makes clowns so intriguing is that they are a mirror of our society, showing the good, bad, and ugly in all its drama.



Employee of the Month

Congrats Tammy!

Tammy has been employed with the Gardens since 2017. Tammy is always speeding around the building helping everyone she can.

When she is not here with us she enjoys spending time with her fiancé Ritch. She is a wonderful mother to her two children and a loving daughter to her parents.

Thank you for all you do here at the Gardens!



July 4th!



Strange Competition



Get ready for a week of the truly weird, because August 13–17 is Weird Contest Week in Ocean City, New Jersey. This beachy seaside haunt hosts curious family fun. Join in a variety of sculpting contests using Salt Water Taffy, French fries, and giant cookies.

Then there's the paper clip construction contest, where past contestants have attempted to replicate the Eiffel Tower and Brooklyn Bridge. "Ears Looking at You" is an ear wiggling bout, where the flappiest ears win. If these contests aren't eccentric enough for your tastes, try some of these other international oddities.

Every year the sleepy hamlet of Willaston, England, hosts the Worm Charming World Championships, where contestants try to coax as many worms as possible out of a small plot of turf. Charmers use various techniques to summon their earthworms, such as vibrating the soil with sticks, poking the grass, or even playing music. Digging is strictly against the rules. In 2009, the world worm charming record was set at 567 worms.

About 150 miles north of Willaston, in Egremont, England, contestants take part in a wholly different competition: gurning. Gurning is the act of contorting your face in the strangest manner possible. The World Gurning Championships are the highlight of the town's Crab Fair, a pastime dating back to 1267, when the local lord would distribute crab apples to the townsfolk. If gurning is not for you, the Crab Fair also hosts a pipe-smoking competition.

For a contest that challenges both the body and the mind, try chessboxing, which is exactly as it sounds. A table with a chessboard is situated in the middle of a boxing ring. Boxers sit and match wits in a game of chess before alternating into a round of boxing. This continues for 11 rounds. Dutch artist Iepe Rubingh developed the idea as a performance, but it grew into a popular sport in Germany, England, India, and Russia. During this week in August, it seems there is truly a contest for every unique taste.

Resident Spotlight



This month I would like to turn the spotlight on Ernestine Lanford.

She is from South Carolina and was married to Willie Lanford. Ernestine said they met by chance but he was ready to marry her the first night. Together they had two children, Janice and Frank. They also have 5 grandchildren and 4 great grandchildren.

Ernestine worked for the Department of Social Services. She was an amazing painter in her free time. At 100 years old she is still very active in the community.



Thank you for choosing the Gardens to be your home!

Welcome to our home....

Ms. Elizabeth Lumsden
Room # 202

Thank you for choosing to make the Gardens your home!

