

The Gardens of Statesville
2147 Davie Ave
Statesville, NC 28625

Postage
Information

OCTOBER 2018

The Garden Post

The Gardens of Statesville • 2147 Davie Ave • 704-878-0123 • 704-878-8689



The Gardens & Cardinal Village Management Team

Mechelle Kanipe, Executive Director
mkanipe@gardensofstatesville.com

Cyndi Maginness, Marketing/Business Office Manager
cmaginness@gardensofstatesville.com

Lisa Stewart, RN, Resident Care Director
lstewart@gardensofstatesville.com

Toni Byers, Resident Care Coordinator
tbyers@gardensofstatesville.com

Patty Stiller, Food Service Director
pstiller@gardensofstatesville.com

Jason Minton, Maintenance Director
jminton@gardensofstatesville.com

Holly Brown, Activity Director
hbrown@gardensofstatesville.com

Contact us at 704-878-0123,
in person, or by email

October Birthdays

In astrology, Libras are those born between October 1–22. Libras, symbolized by the scales, strive for balance, avoid conflict, and desire fairness for everyone. To achieve this, they are sociable, strategic, charming, and diplomatic. Those born between October 23–31 are Scorpios. Scorpios are passionate and deep, qualities that help them counsel others in meaningful ways. Resourceful and determined, Scorpios make good managers.

Staff

Holly Brown 10/9
Taylor Vermaat 10/12
Fonda Stokes 10/13

Residents

William Dunnahoe, Sr 10/2
Nellie Grant 10/5
Bobby Grimes 10/22



Celebrating October

Country Music Month

Popcorn Poppin' Month

Walk to End Alzheimer's
October 6

Columbus Day
October 8

International Artists Day
October 25

Follow us on Social Media:

Gardens of Statesville & Cardinal Village

@Premier_GOS

gardens_of_statesville

Also on

www.osbornvision.com/Gardens-Statesville

Resident Referral Bonus
Refer a friend, they move in and stay more than 30 days...you could get \$750 off your next months' rent.
See Mechelle or Cyndi for more information.

Visit our website:

www.premierseniorliving.com/statesville

Making Memories

I am always so thrilled by the amount of turnout we have at our family nights; of course, this time was no exception!

Thank you to everyone that came out to join in the fellowship, food and fun! By fun, I am especially talking about our Silent Auction!



We had over 50 items donated to us from local business', family members and staff. The highest bid of the night came in the final minutes of the auction; we had 2 individuals in a bidding battle! The winner walked away with a beautiful tea set.

We do not have a final dollar amount as of today, but at last count, we have raised over \$1,300.00 from the auction alone. Outstanding!

As the 2018 Iredell Walk to End Alzheimer's approaches on Saturday, October 6th, we will be having one more fundraising event on Friday, October 5th.

Come on over between 11am & 2pm and get 2 hotdogs and chips for \$6. We will be delivering for orders of \$30 (5 plates) or more, so tell all of your friends.



Again, thank you all for being a part of our family and for your support.

~ Mechelle



Jack of the Lantern

Every October, once pumpkins have grown fat and orange, these gorgeous gourds are picked and used

in a wide variety of ritual activities from baking pumpkin pie to carving jack-o'-lanterns for Halloween. But there's no need to wait until October 26, Pumpkin Day, to make the most of your favorite pumpkin traditions.

Pumpkins have been grown in North America for 5,000 years. While these gourds are native to Central America and Mexico, the tradition of carving pumpkins began across the Atlantic Ocean in Ireland. The practice of carving "jack-o'-lanterns" began with an Irish folktale about a man named "Stingy Jack."

The legend says that Stingy Jack invited the Devil to have a drink, but then the tightfisted fellow did not want to pay. Jack tricked the Devil into transforming himself into a coin he could use to buy the drinks, but Jack put the coin into his pocket next to a silver cross. The Devil, so near a cross, could not change back into his devilish self. Jack made the Devil promise not to claim his soul should he die. The Devil had no choice but to agree. However, when Jack did die, God would not allow someone who caroused with the Devil into heaven. In the end, Jack was sent into the dark of night with nothing but a lamp fashioned from a carved-out turnip, lit with a lump of glowing coal. For this reason, the Irish have long carved images of "Jack of the Lantern" from turnips and, later, potatoes or beets. The scary, glowing faces were used to frighten away Stingy Jack and any other evil spirits.

When Irish immigrants came to North America, they discovered a new medium for their jack-o'-lanterns: pumpkins. With their hollow centers and wide, thick, orange shells, these gourds were a perfect vessel. Today, pumpkins are grown on every continent except Antarctica, and people around the world use them to carve jack-o'-lanterns.

Resident Spotlight



This month, I would like to turn the spotlight on Ruth Welshans.

Ruth was born in Iredell county on March 20th. She is the mother to five wonderful children.

Ruth is constantly smiling & keeps active by always participating in all of the activities.

Ruth, we are glad you chose the Gardens for your home!
Holly

SAVE the DATES...

← Hot Dog Fundraiser
October 5th, 2018 →

11am-2pm at the Gardens.
All the proceeds will go to the Alzheimer's Foundation

Walk to End Alzheimer's
October 6th, 2018.

The Wonders of Yosemite



The natural wonders of Yosemite Valley, located within California's Sierra Nevada mountain range, are easy to observe: the famous Half Dome, the granite cliffs of El

Capitan, the giant sequoia trees, the delicate waterfalls. While the valley's scenic natural beauty brings peace to its visitors, its journey to becoming a national park in October of 1890 was anything but peaceful. The Yosemite Valley had been inhabited for 3,000 years by Native American tribes, most recently the Ahwahnechee, a band that did not hesitate to fight off other tribes and invaders to their territory. A neighboring tribe, the Miwok, called the Ahwahnechee *Yos e'meti*, a word meaning "those who kill." It is from this word that Yosemite valley got its name. This word, it seems, could also refer to the white European settlers in the region. Once gold was struck in California in the mid-19th century, white Europeans overran the valley. A California State militia, led by Army Major Jim Savage, was eventually tasked with clearing Yosemite of the Ahwahnechee. As news of California's gold spread, more settlers arrived, and in 1864, President Abraham Lincoln moved to preserve seven square miles of the valley and the Mariposa Grove of sequoia trees as a public trust of California, marking the first time the U.S. government set aside land for public enjoyment. It wasn't until 1889 that naturalist John Muir ventured into Yosemite. He was awed by its beauty and also worried that the vast meadows surrounding Yosemite valley were unprotected. Sheep, which Muir called "hoofed locusts," were grazing the land into destruction. Muir solicited the help of Washington, D.C., magazine editor Robert Underwood Johnson to lobby Congress to protect Yosemite as a national park. On October 1, 1890, Congress set aside over 1,500 square miles of land, almost the size of Rhode Island, as Yosemite National Park, America's third such federally protected land after Yellowstone and Sequoia. Today, more than 4 million people visit Yosemite each year.



EMPLOYEE OF THE MONTH: Holly Brown

"A true friend is the best possession" – Ben Franklin

So, I was nominated for employee of the month. It was very nice to be appreciated! I started at the Gardens on January 8th, 2018; I have worked in activities for about 8 years in other locations. I love spending time with the residents as we enjoy life together! Thank you, Holly

*** Special note: Holly has been a breath of fresh air in the activity department! Holly is very dedicated and strives hard to bring joy and fulfillment to our residents on a daily basis. Thank you Holly for all you do!
Mechelle



Addie Burnett Room #308

Isaac & Elizabeth Leatherwood
Room #312