

The Gardens of Statesville
2147 Davie Ave
Statesville, NC 28625

Postage
Information

NOVEMBER 2018

The Garden Post

The Gardens of Statesville • 2147 Davie Ave • 704-878-0123 • 704-878-8689



The Gardens & Cardinal Village Management Team

Mechelle Kanipe, Executive Director
mkanipe@gardensofstatesville.com

Cyndi Maginness, Marketing/Business Office Manager
cmaginness@gardensofstatesville.com

Lisa Stewart, RN, Resident Care Director
lstewart@gardensofstatesville.com

Toni Byers, Resident Care Coordinator
tbyers@gardensofstatesville.com

Patty Stiller, Food Service Director
pstiller@gardensofstatesville.com

Jason Minton, Maintenance Director
jminton@gardensofstatesville.com

Holly Brown, Activity Director
hbrown@gardensofstatesville.com

Contact us at 704-878-0123,
in person, or by email

November Birthdays

In astrology, Scorpios are those born between November 1–21. Scorpios are passionate and deep, qualities that help them counsel others in meaningful ways. Resourceful and determined, Scorpios make good managers. Those born between November 22–30 are Archers of Sagittarius. These open-minded travelers are in constant motion, searching the globe for meaning. Curious, optimistic, and enthusiastic, they are not afraid of change and treasure freedom.

Cardinal Village

Margaret Loftin 11/9 Ed Doughty 11/12
Charlotte Gessler 11/14 Lee Rinderman 11/21

Gardens of Statesville

Robert Jarvis 11/1 Clara McAllister 11/5
Betty McLain 11/7 Addie Burnett 11/8
Lucree Nicholson 11/20 Pati DesJardins 11/21
Janice Waters 11/28

Staff

Sharon Hodges 11/5 Wendy Bingman 11/10
Adam Daniels 11/15 Amber Weber 11/19
Loretta Allison 11/27



Celebrating November

Love Your Red Hair Day
November 5

World Kindness Day
November 13

Cider Monday
November 26

Follow us on Social Media:

Gardens of Statesville & Cardinal Village
 @Premier_GOS
 gardens_of_statesville

Also on

www.osbornvision.com/Gardens-Statesville

Resident Referral Bonus

Refer a friend, they move in and stay more than 30 days...you could get \$750 off your next months' rent. See Mechelle or Cyndi for more information.

Visit our website:

www.premierseniorliving.com/statesville

Holly's Corner

October was a busy month for us here at the Gardens. We attended the Resident Rights Party on October 4th, Memory Walk the 6th, and our



Halloween Festivities on the 31st.

I am extremely

excited for what's to come as we spend our first Thanksgiving and Christmas together. Please be sure to look over the events on your calendar, but also look at the daily sheets because things are subject to change.



Thank you for all the support that I have received in making my program a success!

-Holly

"To live is the rarest thing in the world.
Most people exist, that is all"

Flew the Coop

On November 24, 1971, an airline passenger traveling from Portland to Seattle handed a note to a flight attendant that read, "I have a bomb in my briefcase. I will use it if necessary. I want you to sit next to me. You are being hijacked."



So begins the legend of D.B. Cooper, the mysterious man at the center of the FBI's only unsolved case of air piracy. D.B. Cooper was not his real name. He used the name Dan

Cooper to purchase the ticket but a reporter erroneously dubbed him D.B. The crew eventually complied with Cooper's demands. They landed the plane in Seattle, where he was given \$200,000 and four parachutes. Then the jet took again to the skies with a skeleton crew headed for Reno, Nevada. But Cooper never made it to Reno. While flying over southwest Washington, the crew was alerted that the rear stairs had been opened. When they checked the back of the plane, they discovered that Cooper had jumped out, wearing a parachute and holding the \$200,000. Cooper was never seen again, and treasure hunters have scoured southwest Washington state ever since, hoping to find the loot and uncover the true identity of D.B. Cooper.

This past June, a team of FBI investigators made a startling announcement. They believed that they had finally uncovered the true identity of D.B. Cooper. After analyzing a series of letters allegedly written by Cooper in the months following the skyjacking, investigators think the thief was a Special Forces paratrooper and Vietnam veteran named Robert Rackstraw. Rackstraw was eliminated as a suspect by the FBI in 1979, yet the FBI has safeguarded evidence pointing to Rackstraw ever since. Rick Sherwood, an Army specialist in code cracking, believes that Rackstraw sent coded letters to various newspapers in the months following the heist, egging on investigators. Sherwood linked both the writing style and the codes back to other codes known to be



Resident Spotlight

This month, we would like to turn the spotlight on Sally Wiley.

Sally was born on 12/9 in Washington, NC. She was a teacher for many years and a wonderful mother to Sara Gray and Rusty.

Sally, and we can't not mention Little Bit, are a big part of the community here at the Gardens. She leads bingo four times a week and is always willing to help with activities anyway she can.

Thank you for choosing to make the Gardens your home!

Hat Trick

Don't let your head go bare on November 25—it's International Hat Day! Certainly, a baseball cap can fit the bill on this holiday, but why not explore some more exotic and symbolic fashions? The fancy, floppy wool *beret* is instantly recognizable as French. It began



as a hat worn by the poorest classes, such as farmers and artists. The wide-brimmed *sombrero* may be synonymous with Mexico, but hats like this were worn by horsemen in Mongolia as far back as the 13th century. If you feel a chill in the air, then opt for the Russian *ushanka*, the cylindrical fur hat with earflaps that can be tied up over its crown. The modern *ushanka* can be traced to the Russian Civil War when the ruler of Siberia ordered a winter hat be issued as part of the standard uniform. The *fez* of the Ottoman Empire was originally meant to be a symbol of equality and a means to show a common national identity amongst its wearers. Choose your hat wisely, for hats from any country are rich in both history and symbolism.

Lightning in a Bottle

What is the appeal of the mason jar? It conjures rustic romanticism and good, homemade food. Some even say that it captures summer in a jar, to be uncapped and enjoyed in the long, cold winter. Perhaps you'll even be inspired to preserve something tasty in a jar yourself on November 30, Mason Jar Day.



John L. Mason didn't set out to become famous when he invented the mason jar on November 30, 1858. In fact, he didn't invent the jar at all but rather the unique two-piece metal screw cap. Mason was, after all, a tinsmith, so he was well-versed in the utility of metal. Heat-based canning as a method to preserve foods was common in kitchens prior to Mason's invention. The one problem common to this type of preservation was a faulty seal. As soon as air entered the jar or can, food began to spoil. Mason's airtight lid solved that problem beautifully, advancing the efficiency of the canning process. While his airtight lid kept food fresh, the clear glass jar made the contents appetizing.

The most popular mason jar manufactured today is the ubiquitous Ball brand jar. Ball jars were first manufactured in 1884, and today, they are created at a rate of 17 jars per second. Not only is the glass favored over plastic jars made with synthetic chemicals but these jars are also appreciated for their versatility. A mason jar is no longer singularly used to preserve foods like jam or pickles; the jars are also used as soap dispensers, planters, vases, and drinking glasses—not just for moonshine but for trendy cocktails.

In the kitchen with Patty...



Soup & Sandwich of the month:

Tomato & Pimento Cheese

A Message from Nursing...

Please be mindful to wash your hands because flu season is upon us.

Our Flu Clinic will be held November 5, 2018.

~ Lisa & Toni



Maintenance Corner

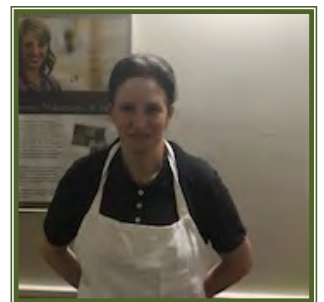
For items in your room that heat and cool, please plug them directly into the outlet in the wall.

Thanks,
Jason



Employee of the Month: WENDY BINGMAN

Wendy joined the Gardens family in April of 2017; she is always very pleasant with a smile on her face.



When Wendy isn't here working, she spends her time with her parents and her Chinese Pug, Spike. She assists her parents with getting to & from doctor appointments and managing things around the home.

Wendy you are truly an asset to the Gardens!