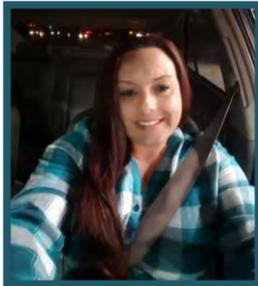


The Gardens of Statesville & Cardinal Village
2147 Davie Ave
Statesville, NC, 28625

Postage
Information



Congratulations to... Employee of the Month *Heather Durden*



Heather joined our team in October; since then she has been a huge asset to our team. She is very caring and patient and she is always willing to help with anything asked of her!

When she isn't here with us, she enjoys spending time with her husband and family.

Heather we are so glad you are a part of our team!

January Birthdays

In astrology, those born between January 1–19 are the horned goats of Capricorn. As goats climb to great heights, Capricorns strive to get to the top, using discipline and common sense to find fame, prestige, and wealth. Those born between January 20–31 are the Water Bearers of Aquarius. As the water of life heals the land, so Aquarians are the humanitarians of the zodiac. Free-spirited, nonconformist, compassionate, and visionary, they support giving “power to the people.”

Assisted Living

Marsha Marshall 1/1
Margaret Campbell 1/23
Lovadia Crouch 1/27

Cardinal Village

Lillian Campbell 1/13
Joyce Huff 1/29

January 2020

The Garden Post

The Gardens of Statesville * 2147 Davie Ave * 704-878-0123 * 704-878-8689



Celebrating January

Get Organized Month

Skating Month

Polka Music Month

Bird Day

January 5

National Bagel Day

January 15

Martin Luther King Jr. Day

January 20

Follow us on social media:

Gardens of Statesville & Cardinal Village
 @Premier_GOS
 gardens_of_statesville

Resident Referral Bonus: Refer a friend, they move in and stay more than 30 days...you could get \$750 off your next months' rent. See Mechelle or Cyndi for more information.

Visit our website:

www.premierseniorliving.com/statesville



2020 has officially arrived!

I'm excited for our theme this year. I have chosen to talk about *careers* and how they have changed through the decades.

Throughout January, we will have some overall discussions about careers: how they have changed and/or become obsolete over time. Careers that we would have never imagined 50 years ago, but are dominating the work force today.

What career would you liked to have had if you could do it over again? Would you even want do it again?... I want to hear from you and we will select decades of interest together.

Thank you to everyone who has supported our activity program in 2019!

Holly



Mummers the Word

Each year on New Year's Day, the Mummers Parade makes its way through Philadelphia. The parade is one of the oldest folk festivals in the United States, with roots dating back to the mid-17th century, when Swedish and Finnish immigrants would go door-to-door visiting neighbors on the day after Christmas. The parade is related to the English and Irish traditions of mummers' plays, folk plays performed in streets and pubs by amateur costumed actors. Today, the parade is a New Year's spectacle full of clowns, string bands, elaborate floats, and fancy costumes. At 11 hours long, the parade may also be the longest held in America.



Holiday Family Night

Thank you to everyone that joined us for our annual holiday dinner.



The Sound of Silence



The first week of January brings Silent Record Week. Why on earth would someone go through the trouble of putting a silent record on the

turntable? In 1952, experimental composer John Cage wrote his piece 4'33", which "consisted" of four minutes and 33 seconds of silence. During the silence, any environmental sounds were supposed to be considered music. In 1959, a jukebox at the University of Detroit won fame for including three silent records. Anyone who wanted a bit of silence could buy it for the price of a song. Rumor has it that the silent records were so popular that they developed noisy scratches and had to be repeatedly replaced. Many would argue that silence is valuable. Cage agreed. It was after his study of Zen Buddhism and the religion's emphasis on silence and stillness of the mind that he composed his silent masterpiece.



*January 1st
Lunch at American Deli*

*January 8th
Dove Creek*

*January 10th
Shopping at Dollar General*

*January 21st
Music with Brian*

The Last Shall Be First

New Year's Day is also Z Day, a day when those who are always last on alphabetical lists are finally allowed to be first. The holiday was created by Tom Zager, who decided that alphabetical order should be reversed so that all those with "Z" names might finally enjoy the pleasure of being first. This begs a larger question, though: Why is our alphabet in ABC order? To answer these questions, we must go all the way back to the Phoenicians, who inhabited Egypt 4,000 years ago. While Egyptian writing was based on hieroglyphics, the Phoenicians developed a set of symbols to represent the sounds of their language. Their first alphabet evolved from hieroglyphics and consisted of 22 simple symbols, an alphabet that was used by maritime merchants sailing around modern Lebanon, Syria, and Israel. Over the millennia, this alphabet slowly transformed into Greek, Latin, Old English, Middle English, and then Modern English. Despite these transformations, the letter order has largely stayed the same. Some of the earliest Phoenician alphabets begin with *abcdef*.

Welcome

to the Garden Neighborhood...

Carlin Gardner

#202

From the Kitchen with Patty...
Soup & Sandwich of the month:

Chicken & Rice Soup with
BLT Sandwich



Safety is #1...

As the temperature drops we cannot permit space heaters or electric blankets.

Also, please do not plug televisions and refrigerators in same outlet.

